

## **Tribulus terrestris (protodioscin) increases men's sex drive**

W. Pangkahila

Reproductive Medicine Faculty, University of Denpasar, Indonesia

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### **SUMMARY**

Male erectile dysfunctions are composed of the dysfunctions of libido, erection, ejaculation and orgasm. One medical approach to solve this problem is the use of natural medicine, i.e. the use of compounds derived from natural sources rather than those of synthetic origins. Here, we conduct a clinical trial to test the efficacy of Libilov's protodioscin, a natural compound derived from the extract of a medicinal plant *Tribulus terrestris*. In this test, we study the sex drive, erection, ejaculation and orgasm of 53 married men diagnosed with sexual dysfunctions. These men were given Libilov at 3 x 2 tablets per day for 3 months.

We report that statistical analyses suggest significant improvement in sex drive in the majority of our trial constituents, without any evidence of adverse effects.